

# Internet Safety Day

## What is Internet Safety Day all about?

Internet Safety Day started in 2005 and it now happens in over 100 countries worldwide.

The theme this year is 'An internet we trust: exploring reliability in the online world'. The internet has an amazing range of information and opportunities online, but we need to separate fact from fiction.



## The UK Safer Internet Centre

The UK Safer Internet Centre has one mission: to help young people use the Internet properly and keep themselves safe by making good choices online.



## How can children be kept safe?

The Internet is like a huge door to the outside world. This means there are a lot of strangers out there.

Following rules for using the Internet will help keep us all safe.

## Some uses of the Internet:

- gaming
- shopping
- learning new things
- reading about famous people
- booking tickets
- chatting to friends



## Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.



## Rules for using the Internet

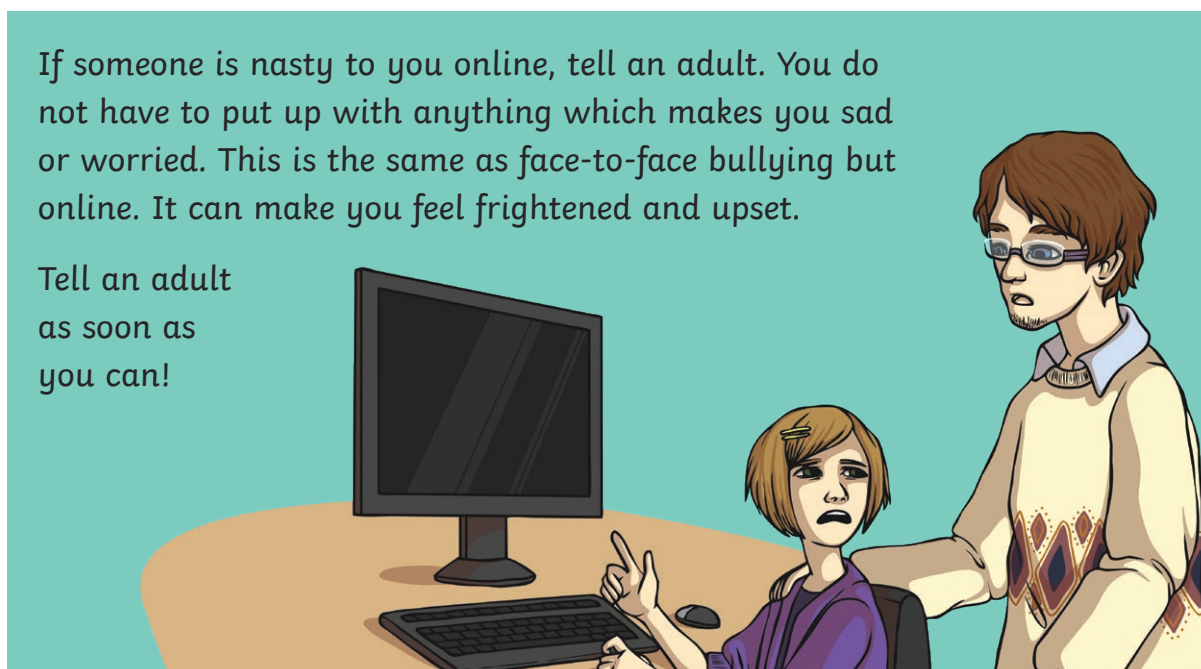
Never share your personal details online. If you were next to a stranger on the bus, you wouldn't tell them where you live or your phone number. Don't tell people these things online. Even if you think you have got to know them through emails or 'chatting', they are still a stranger.

Never meet anyone who you have 'met' online, without an adult going with you. It is very dangerous!

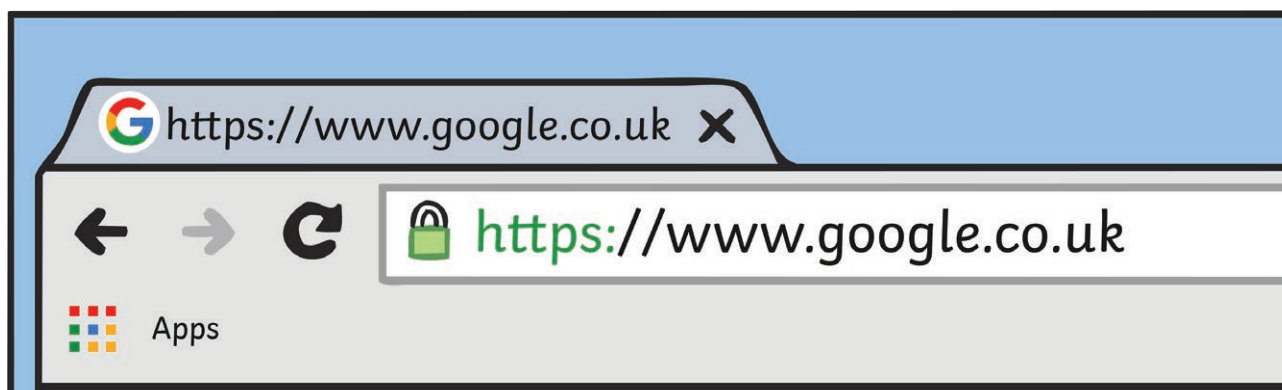


If someone is nasty to you online, tell an adult. You do not have to put up with anything which makes you sad or worried. This is the same as face-to-face bullying but online. It can make you feel frightened and upset.

Tell an adult as soon as you can!



The Internet can be brilliant; it can also be dangerous. Stay safe online and make the right choices.



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## What is Internet Safety Day all about?

Internet Safety Day has been happening since 2005 in over 100 countries worldwide.

The theme this year is 'An internet we trust: exploring reliability in the online world'. This year in the UK, Safer Internet Day explores reliability online. The internet has an amazing range of information and opportunities online, but how do we separate fact from fiction?

## The UK Safer Internet Centre

The UK Safer Internet Centre has one mission: to promote the safe and responsible use of technology for young people. The aim is to make children and young people aware of how to use the Internet safely by making good choices and being responsible online.



## How can children be kept safe?

What does 'staying safe' on the Internet mean? The Internet is like a huge door to the outside world and this means there are a lot of strangers out there.

There are some rules which everyone should follow so they make responsible choices and stay safe online.

## Some uses of the Internet:

- gaming
- shopping
- learning new information
- reading about celebrities



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## Rules for using the Internet

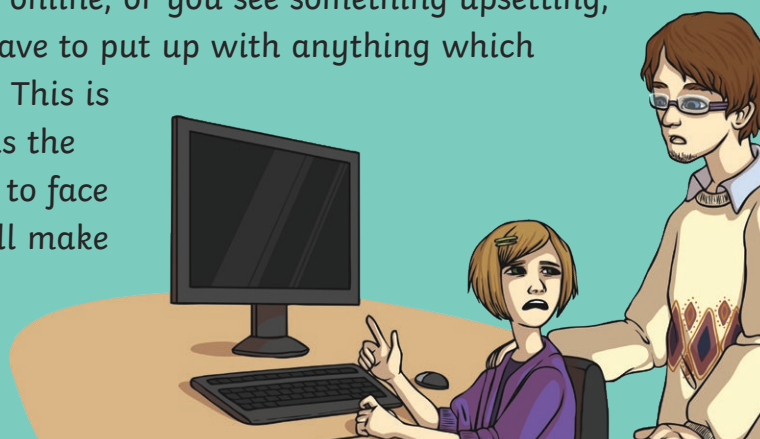
Never share your personal information online. If you were next to a stranger on the bus, you wouldn't suddenly turn to them and tell them where you live or your phone number. So don't pass this sort of information onto someone online. No matter how long you have been 'chatting' to someone, they might not be who they say they are. This means they are still a stranger.

Don't open an attachment sent to you in an email. It could be a virus, which will damage your computer.



Never meet anyone without an adult coming with you. Even if you have been in contact with someone online for some time, meeting them in person on your own is very dangerous. Not everyone can be trusted.

If someone is nasty to you online, or you see something upsetting, tell an adult. You do not have to put up with anything which makes you sad or worried. This is called cyberbullying, and is the same as being bullied face to face – it's just online. It can still make you feel frightened and miserable. Let an adult know straight away!



We can all help make the Internet a safer place. It is a wonderful tool if used properly. However, if it is misused, it can be dangerous. Make the right choices and stay safe online.



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Internet Safety Day has been marked each year since 2005, in over 100 countries worldwide.



The theme this year is 'An internet we trust: exploring reliability in the online world'. This year in the UK, Safer Internet Day explores reliability online. The internet has an amazing range of information and opportunities online, but how do we separate fact from fiction?

## The UK Safer Internet Centre

The UK Safer Internet Centre is coordinated by three leading charities: Childnet International, the South West Grid for Learning and Internet Watch Foundation. The centre has one mission: to promote the safe and responsible use of technology for young people. The aim is that children and young people are aware of how to use the Internet safely and responsibly, making good choices and keeping themselves safe.



## How can children be kept safe?

It sounds strange to talk about not being 'safe' on the Internet when we are often at home using different devices. However, the Internet is like a huge door to the outside world. This means there are an unimaginable number of strangers out there.

There are some rules which everyone should follow. These rules allow people to make responsible choices and stay safe online.

## Some uses of the Internet:

- gaming
- shopping
- learning new information



## Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.



Never share your personal details online. You wouldn't suddenly tell a person you didn't know what school you go to or what your phone number is, so don't pass this sort of information on to someone online. No matter how long you have been 'chatting' or emailing someone, they might not be the person they say they are. They must be treated as a stranger.

Don't open any attachment on an email. It could be a virus, which will damage your computer or affect your contact list. It could then be sent to everyone you know, harming their devices too.



Block any emails from people you don't recognise. Just because they might use your name, if you don't recognise their name, delete and block them.

Never meet anyone without an adult with you. Even if you have been in contact with someone online, meeting them in person on your own is very dangerous. Not everyone can be trusted.

If someone is nasty to you, or about you, online, or you see something upsetting, tell an adult. You do not have to put up with unpleasant behaviour, and bullying online (cyberbullying). Cyberbullying is just as upsetting as face-to-face bullying. Don't be tempted to reply to them. Inform an adult immediately!



We can all help make the Internet a safer place. It is a wonderful tool for many reasons, and can make life a lot easier. However, if it is misused, it can be dangerous and worrying. Make the right choices and stay safe online.

